

## **Packing List for Paws for Adventure Camping Tours:**

### **To Wear:**

**Head:** Fleece or wool hat or musher type hat

Neck warmer or balaclava – essential ... you may even need 2 (a thinner one and a thicker one)

**Body:** Layers of long underwear: I like Patagonia, Mtn Hardwear, REI brands.,, there are other good ones, personal preference. You may not need 3 layers, but you MIGHT! Always good to have an extra layer..

-Light weight/ silk weight base layer (moisture wicking – no cotton)

-Mid-weight polypro-type top and bottom

-Extreme weight or Fleece top and bottom

Arctic outer layer (**we provide** or you might check a reputable dealer for suitable gear)

**Feet:** we provide arctic boots (rated at least –40F, doesn't necessarily mean you'll stay warm at –40F; the colder the rating, the better, "Neos" overboots are great if you're planning future winter adventures, but don't go out and buy just for this)

camp booties or other insulated smaller boots for camp – make sure they cover the ankles (in case of deeper snow)

wool or winter weight polypro socks – at least 2 pair for overnight; 3-4 for multi-day

### **Hands:**

1. light weight glove liners polypro or stretch fleece (1 or 2 pr) : I like OR gloves.
2. a larger fleece or other snow gloves (sometimes you can get away with ski gloves if it's not too cold)
3. Over Mitts : we have arctic mitts to loan

### **Other equipment/ essentials to bring:**

Headlamp: doesn't have to be expensive, but you will need it for getting in/out of the tent at night and negotiating the trail to the outhouse at Tolovana, or getting to a good aurora viewing spot ☺; we use Petzl brand (300 lumens). There are cheaper which work just fine for a short trip.

Chemical hand-warmers  
Handi-wipes (individually packaged, they freeze)  
Toilet paper – small quantity for trail use , outhouses are stocked

**Eyes:** If you wear glasses – they will fog easily with all your gear on; if you have contacts- they seem easier to deal with  
Sunglasses or goggles (we have goggles to borrow)

Cameras and video/ Go-Pro cameras: batteries tend to freeze quickly – bring extra or a way to warm them (chemical warmers in insulated camera bag – the ones with adhesive work well). You will have the ability to re-charge any electronics at Tolovana Roadhouse, so don't forget your cords and plugs.

### **Personal gear:**

Bring any necessary toiletries or personal comforts, within reason. Your personal gear will travel with you in your sled bag, pulled by your dog team. Liquid items will freeze – bring small quantities – they are easier to thaw in the tents.

Your personal gear should fit in a small duffel for the trail. Most clothing you will be wearing. You might bring changes of inner layers, extra socks, glove liners or neck warmers. You can easily dry clothing in the wood-heated Arctic Ovens at night.

### **Camping equipment:**

A cot, sleeping pad and arctic-rated sleeping bag is provided. A wood-heated tent is your home-away-from-home at our Paws Camp. You can easily thaw and dry items out in the tents. We choose to do most of our camping trips in the more comfortable winter months of February and March. Longer daylight hours and usually warmer temperatures make for a wonderful sled dog camping experience. However, we are prepared for the worst of weather and practice safety first. We have snowmachine support for transporting our camps and assisting any mushers through rough spots in the trail. The snowmachine will be in range, but out of sight and smell most of the time. Iron dogs are part of our tour for support and safety, but we choose to keep them “out of the way” unless necessary.

**Tolovana Roadhouse:** We have Single and Queen-sized beds with linens & blankets for everyone. You will have your own bed. More than 1 person will share the sleeping space – we can determine preferences when we arrive. We have 2 guest rooms for sleeping and a single guest cabin by the kennel (separate from the main lodge). The toilet facilities are an outhouse. Bathing facility is a simple wood-fired sauna (in a separate building from the lodge). Towels and washcloths are provided. We have bottled and 5 gallon containers of fresh water that we haul from town and river water for bathing and dogs – we will cut a hole in the ice for this purpose. We have power provided by a 2000 watt generator to run lights and charge batteries. Heat is provided by 3 woodstoves in the main lodge and a woodstove in the cabin.

**Food:** All food and drink are included in your tour. Please note special diets on your Health Form – we aim to please. If you would like to bring any snacks or drinks that will make your trip more enjoyable, feel free. Please do not bring glass and realize that anything you bring is subject to freezing. Some foods don't freeze well. It is a good idea to bring along a thermos for warm drinks to carry with you on the sled. We will provide bottled water, and you can usually fit it in an inside pocket where it will not freeze, but a thermos is nice for a quick warm up.